



## Buckinghamshire Adult Learning

# Keep in Touch with Family Learning

### Welcome from the Family Learning Team

*Our weather can be very changeable so this week we have ideas that suit rainy days and sunny days!*

#### Some ideas for all ages ... Share a book

An idea shared by a learner was to **create a den** using blankets or sheets. It can be fun to share a story in a different place. In the den why not read by torchlight? Older children may enjoy making shadow shapes. Can you think of any stories that feature a cave or den or any creatures who live in dens or caves?

#### Busy Fingers

Why not punch holes in a piece of paper or card and **thread** wool in and out or find some thin sticks and try and fill all the holes. This is also a good time for older children to practise **tying shoelaces**.

#### Time to be active.

You can have lots of fun indoors with **balloons** if you have any at home. Try playing keepy uppy: throw and catch a balloon with a partner and see how long you can keep it up in the air. Is it easier with a ball? Why? Rub it on your head. What happens to your hair? Why? Can you keep the balloon up while you blow on it? Is it better when you blow softly or hard on the balloon?

**Take care! Balloons that are not blown up or have burst are a choking hazard.**

#### Explore!

Where is the sunniest part of your house or garden? Does it stay the same all through the day? Chat and think of reasons for what you noticed. Why not line up toys or objects and see what **shadows** they make. When you are outside for your daily exercise or in the garden, see if you can draw the shadows made with chalks. Here is a recipe for making your own [chalk](#)



### Useful Websites of the Week



Literacy news

This website has lots of ideas for children of all ages to support reading, writing and language development.

Click on **Family Zone** to see some of their resources and to enjoy their free **Book of Hope**.

We have included lots of questions to think about in our newsletter. Scientists look closely at things around them and ask lots of questions!

For a great science website click on the link to **The Dyson Foundation** who have produced a set of practical challenges—let us know if you manage to complete any!

**Memory Box Idea:** Take a photo, draw or write about a sunny day activity and a rainy day activity that you enjoy doing this week. You could record them inside a picture of a sun or on a raindrop. And remember... sunshine and rain brings rainbows!

We would love to hear from you. What activities have you tried? What worked well? What would you like to share with others?

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